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Quarterly Newsletter | Spring 2026



Independence 



 United Healthcare

 HIGHMARK

Horizon 

 CVS Health |  aetna™

In-office & Virtual - Insurance Accepted

Appointments in 1-2 weeks

*Medicaid & Medicare Not Accepted

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We're proud to offer compassionate, specialized outpatient psychiatric care for children, adolescents, and adults. Patients can visit us in person at our offices in **Philadelphia**, **Paoli**, and **Pittsburgh**, PA; **Collingswood**, NJ; and **Wilmington**, DE, or take advantage of convenient Telehealth appointments available throughout PA, NJ, and DE.

We treat a wide range of conditions, including anxiety, depression, bipolar affective disorder, ADHD, learning disabilities, autism, and substance use disorders. Most major commercial insurance plans are accepted in the areas we serve, making quality mental health care more accessible to our communities.

Meet a Few of Our Providers



Nicole Leighton, CRNP

Director of Substance Use Disorder Treatment and Women's Mental Health Specialist

In-Office Availability: Philadelphia, PA



Tonya Lawrence, MD

Director of Child & Adolescent Psychiatry

In-Office Availability: Philadelphia, PA

Educational Resources



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How Writing the Autism Story
When autism is framed as a loss, families are left grieving a future that may not have been lost at all. What truly gets lost is the chance to understand who their child is behind the stereotypes.



Written by: **Karen Leinhauser, CRNP**

[Read Now](#)

Individual Education Plans
A 504 plan or IEP may be the tool your child needs for academic success. Here is a breakdown of what they are, what they provide, who needs them, and how to obtain one.



Written by: **Ashley Schuetz, CRNP**

[Learn More](#)

Recently Featured

Recently featured on the “Let’s Talk About the POTS Life” podcast, Ashley Schuetz, CRNP, of Fine Tune Psychiatry, shares insights on mental health treatment and discusses her personal journey to becoming a psychiatric nurse practitioner. Ashley is now scheduling in-office visits at our Pittsburgh, PA, location for children, adolescents, and adults.



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Therapists

Fine Tune Psychiatry is currently seeking Adult Psychiatrists, Psychiatric Nurse Practitioners, Psychologists and Licensed Therapists. 1099 commission-based positions with the opportunity to transition into full-time W2 employment with benefits. Flexible mix of in-office and telehealth work, competitive compensation, and a great deal of support. Providers must commit 15–20+ patient hours per week. All providers have a stake in the company, in the form of phantom equity, providing long-term security. To inquire, please contact hiring@finetunepsych.com.

Specialized Care is Just a Click Away

We are currently accepting new patients and look forward to welcoming you to the Fine Tune family. Whether you prefer in-person visits at one of our five locations or the ease of telehealth from home, we'll make scheduling simple and stress free.

[Schedule an Appointment](#)

Email: scheduling@finetunepsych.com

Call: (610) 660-4509

Our mission is to provide exceptional, academically informed psychiatric care, that is accessible to patients, affordable through insurance, compassionate and tailored to each patient's individual needs. To remain 100% provider owned and led, without the outside influence of private equity or external investors, ensuring that every decision that we make, is driven by clinical expertise, rather than corporate profits. To cultivate an environment where all providers have an interest in the company's success, fostering a collaborative culture, where providers can work as a team, with one shared goal – to deliver the highest quality of patient care available.

Practice leadership accolades:



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